

Cost of Smoking

Smoking one \$7 pack of cigarettes a day for ...

1 Week = \$49 =



Movie tickets for the family

1 Month = \$210 =



Smartphone

6 Months = \$1,260 =



Home entertainment system

1 Year = \$2,555 =



Living room furniture set

2 Years = \$5,110 =



Dream vacation for the family

3 Years = \$7,665 =



Down payment for a new car

4 Years = \$10,200 =



Down payment for a house

Write down the things you will buy with the money you save:



December 2013

National Heart, Lung,
and Blood Institute



COMMUNITY HEALTH WORKER
HEALTH DISPARITIES INITIATIVE